



PARISH SUPPORT

MASS DEDICATIONS

FEB. 1
 8:30am.....For Scouts to grow to love and serve the Lord
 10:00am.....For Scouts to grow to love and serve the Lord
 10:30am.....For Scouts to grow to love and serve the Lord
 12:15pm.....For Scouts to grow to love and serve the Lord
 5:00pm.....For Scouts to grow to love and serve the Lord

FEB. 2
 8:30am.....In Memory of John Brabham

FEB. 3
 8:30am.....For Mike & Jane Wellings

FEB. 4
 8:30am..... In Memory of Lita Sifuentes

FEB. 5
 8:30am.....In Memory of Robert Austiff

9:30am.....For Charlie Sierra

FEB. 6
 8:30am..... In Memory of Henry Smith Keel, Jr.
 To request a special Mass intention for Emmaus Catholic Parish or Queen of Angels Chapel, contact the parish office, (512) 261-8500.

PRAYER REQUESTS

Richard Cohen, Kelly Cobb,
 John Madden, Peggy Clark,
 Jesus Cruz, Gretchen Pachlhofer,
 Winston Lee, David Bliss,
 Block Olbrich, Barbara Birrell,
 Claude Marchais,
 Carmen Schunior,
 Jody Fish, Jan Jackson,
 Jan Miller,
 Nadia Natasha Ballard

February 1, 2015
4th Sunday in Ordinary Time
“Brothers and sisters: I should like you to be free of anxieties.” - 1 Corinthians 7:32
 How much anxiety do we bring upon ourselves by constantly worrying about not having enough or attaining more things? God won't necessarily give you everything you want, but He will provide everything you need. Try this - use the word “pray” instead of the word “worry” in the future.

Weekly Stewardship Report

January 25, 2015:.....	\$33,403
Fiscal YTD Offertory:	\$1,184,862

Fiscal Year to Date: July 1-Dec. 31, 2014

Total Income (Offertory & Other):.....	\$1,300,213
Total Expenses (Operating & Principal/Interest):.....	\$1,302,136
Budget Excess (Deficit):	(\$1,923)

PLC Loan Balance:.....	\$1,326,087
Church Loan Balance:.....	\$4,338,338
Mortgage payments (principal/interest) on above loans: \$46,410/month	

2014-15 FYTD SEED Gift Card Program:	\$18,577
2013-14 SEED Gift Card Program:	\$27,863

Second Collections at Emmaus
 Benevolence: First Sunday of the month
 Parish Life Center: Fourth Sunday of the month

February 8: Special Collection for Campus Ministries in the Diocese of Austin
 Catholic campus ministry in the Diocese of Austin aims to build a faith community on our college and university campuses, bring the message of Christ to the academic world, and prepare future leaders of society and our Church.

Tax Statements
 Statements of your generous donations during the 2014 calendar year will be available for pick-up in the narthex after weekend Masses on Jan. 24-25 and Jan. 31-Feb. 1.

Buy SEED Program Gift Cards and Help Emmaus
 Support Emmaus Every Day by purchasing SEED (gift) cards from Emmaus and using them just like cash when you shop. Purchase cards for groceries, gasoline, dining, gifting. You receive the full value, and Emmaus gets an added percentage from the retailer. That amount adds up for Emmaus and helps us pay parish expenses without any extra expense on your part. Available for a long list of retailers and in various denominations, SEED cards are sold at the parish office Monday through Friday and in the Emmaus narthex before and after Masses on Saturdays and Sundays. Note that SEED cards are safe cards! They contain no personal information like standard credit and debit cards do. For more information, visit emmausparish.org/seed.

Randalls Good Neighbor Program
 Randalls offers customers a way to support their favorite church, school, or other non-profit organization. Through the Good Neighbor Program, Randalls shoppers can link an organization's account number to their Remarkable card, and that organization will receive a percentage of sales made. The more people who link their card to the organization's account number, the more money the organization will raise. Emmaus Catholic Parish's account number is 9-2-8-1. Please visit your local Randalls and request that your card be linked to our number.

Planned Giving
 Discover ways to use your resources to make a lasting impression on those you love and the causes you believe in. For information about how to include Emmaus Catholic Parish in your will or estate plan, please call the parish office.

eGiving = Secure Automatic Giving
 eGiving provides an opportunity to simplify your stewardship donations through secure automatic giving. Choose the amount and the frequency of your donations. You may enroll online or download a form from the parish website, or contact the parish office for assistance.

WEEKLY CALENDAR

All items on the calendar are scheduled at Emmaus Catholic Parish with the exception of those marked as Queen of Angels. PLEASE NOTE: Changes may have occurred in the schedule between print deadlines and the bulletin distribution. Please refer to the Parish Website for the most current calendar listings.

SUNDAY, February 1 - Fourth Sunday in Ordinary Time

8:30 AM	RCIA Dismissal Session	Café
9:30 AM	KofC Country Breakfast	Great Hall
9:45 AM	Consoling the Heart of Jesus	Multi B
11:15 AM	Healing Prayer	Q of A Chapel

MONDAY, February 2 - The Presentation of the Lord; World Day for Consecrated Life

9:00 AM	Jazzercise	Café & Youth Space
9:30 AM	Catholicism	Q of A Chapel
10:00 AM	Bright Horizons	Great Hall
11:00 AM	Spiritual Book Club	Lounge
12:00 PM	Alcoholics Anonymous	Pastoral B1
5:15 PM	Jazzercise	Café & Youth Space
6:30 PM	Boy Scouts	Great Hall
7:00 PM	Baptism Class-Spanish	Rm 205
7:00 PM	Baptism Class-English	Multi B & C
7:00 PM	Men's CRHP #26	Pastoral A1/Library
7:00 PM	Financial Peace University	Rm 204

TUESDAY, February 3 - St. Blaise, St. Ansgar

9:00 AM	Jazzercise	Café & Youth Space
9:00 AM	Blessing of the Throats	Church
9:30 AM	Priest, Prophet, King	Multi B & C
12:00 PM	Alanon	Pastoral B1, B3, B4
5:15 PM	Jazzercise	Café & Youth Space
7:00 PM	A Spiritual Walk at Emmaus	Pastoral A1/Library
7:00 PM	Men's CRHP-Spanish	Pastoral B1
7:30 PM	Legion of Mary	Rm 206
7:30 PM	Knights of Columbus Planning Meeting	Café

WEDNESDAY, February 4

9:00 AM	Jazzercise	Café & Youth Space
10:00 AM	The Prophets	Multi B & C
6:30 PM	Parent/Student Discussion Group	Rm 201
7:00 PM	ESL Classes	Rms 202-206
7:00 PM	Women's CRHP	Pastoral B1
7:00 PM	Health Inspires Seminar	Multi B
7:00 PM	Men's CRHP Night of Discipleship-Spanish	Church

THURSDAY, February 5 - St. Agatha

8:00 AM	Men's Scripture Study	Q of A Chapel
9:00 AM	Jazzercise	Café & Youth Space
9:30 AM	Matthew: The King and His Kingdom	Multi B
10:15 AM	Game Day at Q of A	Q of A Chapel
12:00 PM	Alcoholics Anonymous	Pastoral B1
5:15 PM	Jazzercise	Café & Youth Space
7:00 PM	The Great Adventure: A Journey Through the Bible	Lounge
7:30 PM	Spanish Prayer Group	Youth Space

FRIDAY, February 6 - St. Paul Miki & companions

6:00 AM	Symbolon/Men of Emmaus	Great Hall
9:00 AM	Jazzercise	Café & Youth Space
12:00 PM	Alcoholics Anonymous	Pastoral B1
12:00 PM	First Friday Soul Food	Great Hall
7:00 PM	CRHP Men's Agape-Spanish	Youth Space
7:00 PM	Divine Mercy Devotion	Pastoral B1 & B3

SATURDAY, February 7 - Blessed Virgin Mary

7:00 AM	RCIA Retreat	Offsite
9:00 AM	Jazzercise	Café & Youth Space

FREQUENTLY ASKED QUESTIONS

INTERESTED IN BECOMING CATHOLIC? For adults interested in learning more about becoming Catholic through RCIA, visit the parish website or call the parish office.

NEW TO THE PARISH? Email newcomer@emmausparish.org or call the parish office to register to attend a Welcome & Registration Event.

SACRAMENTAL PREPARATION - To learn more about Sacramental preparation for Baptism, Reconciliation, Eucharist, Confirmation, or Marriage, visit the parish website or call the parish office.

THE ROSARY is prayed at 9:00 AM, Monday-Friday at Emmaus, at 4:30 PM on Saturdays at Emmaus, and at 9:15 AM on Sundays at Queen of Angels.

PARISH OFFICE: (512) 261-8500; Monday-Friday, 9 AM-4 PM; Sunday, 8 AM-12 noon

NURSERY: The Nursery is available at Emmaus for the Sunday 8:30 AM, 10:30 AM, and 12:15 PM Masses. The nursery may be available for other designated parish events if advertised and a minimum number of children are registered. For such designated events, you must specifically request childcare by calling the parish office at least 24 hours in advance.

BULLETIN DEADLINE: Fridays, 12 noon, communications@emmausparish.org.

LOST AND FOUND is located outside the church at the left hand side of the narthex by the St. Michael statue. Any valuable items are taken to the parish office.

ALTAR FLOWERS/MASS DEDICATIONS: To order altar flowers or to dedicate Masses at Emmaus or Queen of Angels, please call the parish office.

OUTREACH OPPORTUNITIES: If you know someone who is struggling and could use our support, or would like to receive Holy Communion in their home, please call the parish office. A complete listing of Social Outreach offerings is available on the website.

HEALTHCARE VOLUNTEER ASSOCIATES CLINIC: (512) 263-0265

LADIES OF CHARITY: (512) 791-5750

LAKETRAVISCRCRISISMINISTRIES: (512) 266-9810

ST. VINCENT DE PAUL SOCIETY: (512) 576-1744

PERPETUAL ADORATION NEEDS

24 hours/day, 7 days/week in the Saint John of the Cross Adoration Chapel

Sunday: 1-2 AM, 9-10 AM, 10-11 AM, 2-3 PM, 3-4 PM, 7-8 PM

Monday: 3-4 AM, 1-2 PM

Tuesday: 1-2 AM, 3-4 AM

Friday: 12-1 AM, 4-5 PM, 6-7 PM, 7-8 PM

Saturday: 7-8 PM

If you would like to commit to a specific hour that is convenient for your schedule, please contact Michelle Ford, (512) 261-4992.

SOCIAL MINISTRY

PLEASE LET US KNOW! We would like to encourage our parish families from Emmaus and Queen of Angels to call the parish office, (512) 261-8500, when you or a loved one are hospitalized, unable to attend Mass due to illness or other circumstances, or perhaps would welcome the Eucharist, a home visit, or support from our caring volunteers. Please let us know how we can be of assistance.

CATHOLIC CHARITIES OF CENTRAL TEXAS is sponsoring a number of information sessions and workshops to serve families who might be eligible for benefits under deferred action programs. The information sessions are to learn more about eligibility for the expanded Deferred Action for Childhood Arrivals (DACA) program and the new Deferred Action for Parental Accountability (DAPA) program. In addition, workshops are scheduled where attorneys and accredited representatives will assist eligible participants with filing applications for DACA status. A listing of the information sessions and workshops is available from the east narthex information racks. Learn more at ccctx.org/ils/executive-action.

COMMUNITY TAX CENTERS provide FREE income tax preparation services to low-income families. For more information, visit CommunityTaxCenters.org, or pick up a flyer from the narthex information racks.

CAPITAL IDEA can help you get into a new career. We provide assistance to qualified adults to help them get a professional certification or a two year associate's degree in one of our sponsored careers. Capital IDEA will cover the full cost of tuition and books for adults. More information can be found in the narthex information racks. Orientation sessions begin **Feb. 2**.

PARISH NEWS

Tuesday, **Feb. 3** is the Memorial of St. Blaise, and we will observe his memorial with the traditional **BLESSING OF THE THROATS** following the 8:30 AM Mass. This blessing is a sign of the struggle against illness rooted in the prayers of Jesus and the disciples for those who were sick. All are welcome to be blessed.

FIRST FRIDAY SOUL FOOD returns **Feb. 6**, 12 noon in the Great Hall. This monthly series features a light lunch and an inspiring guest speaker on topics of Catholic spirituality. Proceeds benefit Emmaus' Bright Horizons Ministry, our respite program for caregivers of homebound individuals with dementia. Open to anyone, Catholic or not, so invite a friend, neighbor, or family member. Please call the parish office or visit the website to register.

SCOUT SUNDAY will be celebrated at all Masses at both Emmaus and Queen of Angels the weekend of **Feb. 7-8**. All Cub Scouts, Boy Scouts, Girl Scouts, and American Heritage Girls are encouraged to wear their Scout uniforms to Mass. Scouts are asked to bring donations for the Lake Travis Crisis Ministries and Mobile Loaves and Fishes collection boxes. Contact Casey Cotton, (512) 968-4700, for more information.

Pope Francis has called for this year of Consecrated Life to "wake up the world" and share the power of the Gospel through the witness of the lives of our consecrated brothers and sisters. In response to Pope Francis' call, religious houses around the country will be opening doors for everyone to come and **PRAY FOR RELIGIOUS LIFE**. On Sunday, **Feb. 8** at Emmaus, following the 8:30 AM Mass, we will gather as a community to pray the Liturgy of the Hours. We hope all will join us as we offer our special intentions, including our gratefulness to God for our priests, deacons, and sisters.

An **EIM BASIC WORKSHOP** in English will take place Thursday, **Feb. 12**, 6-9 PM in the Emmaus PLC. Please call the parish office to register. If this is your first time through the EIM process, you will need to complete an application with the Diocese of Austin. Visit emmausparish.org/eim for details and the application link. There is no fee for the workshop, and the nursery will be available if you have called the parish office and made a reservation for childcare at least 48 hours in advance. Please note that you must attend the entire session to receive confirmation of compliance.

Everyone is invited to attend Emmaus' second annual **FREE COMMUNITY HEALTH FAIR & BLOOD DRIVE** on Saturday, **Feb. 14**, 10 AM-2 PM in the Emmaus Parish Life Center. Brought to you by the Parish Nursing and Respect Life Ministries of Emmaus, attendees will have the opportunity to meet local healthcare professionals as well as representatives from various social and community agencies. Participants will receive valuable health related education for the entire family and information about community resources. Free health screens, including blood pressure, blood glucose, cholesterol, and type screening, will be available, as will activities for the children. In conjunction with this event, the Emmaus Respect Life & American Red Cross Blood Drive is 9 AM - 2 PM in Multi B & C. One pint of blood can save three lives! Donors must be 17 or older (16 with parental permission) and weigh at least 110 pounds. Have a healthy 2015 and join us for this fantastic community event! For more details, visit emmausparish.org/events/healthfair.

Knights' News

Country Breakfast expands starting in February. Join us this Sunday, Feb. 1, starting at 9:30 AM in the Great Hall of the Emmaus PLC building for a great cause. The all-you-care-to-eat breakfast will include pancakes, eggs, sausage, bacon, coffee, and juice. Due to popular demand, the Knights are extending service until 12 noon to accommodate parishioners attending the 8:30 AM and 10:30 AM Masses (as well as 10 AM Mass at Queen of Angels). Proceeds raised this month benefit the St. Vincent de Paul Society ministry.

Record setting Family Bingo "Knight" - Special thanks to all the families of Emmaus that came out in January to kick-off 2015 with Family Bingo Night. We had a packed hall and helped raise \$2,000 in funds to support the Bright Horizons ministry! Mark your calendars for May 8 when Family Bingo Night returns.

Save these dates:

KofC Country Breakfast - Sunday, Feb. 1
 KofC Program Committee Planning Session - Tuesday, Feb. 3
 KofC Monthly Council Business Meeting - Tuesday, Feb. 17
 KofC Lenten Fish Fry - Friday, Feb. 20



FAITH FORMATION ADULTS

CHILDREN & YOUTH

It's time to sign up for **JOURNEY'S TRAVELING OVERNIGHTER**. This night of no sleep and non-stop fun will take place Friday, **Feb. 20**, 8 PM through Saturday, Feb. 21, 6 AM. Emmaus middle school youth will be joining with students from St. Thomas More, traveling to Austin Sports Arena, Gatti-land, and Main Event. Cost is \$50, and this is open to the first 50 to register. Your spot is confirmed when Julie Sawyer receives your permission form and payment. Visit the website, emmausparish.org/journey, to download a form today!

This year's **CONFIRMATION RETREAT** will be held **Mar. 20-22** at Camp Buckner. The cost of \$120 is due by Mar. 15. All sophomore students who are going to be confirmed are required to attend unless previously discussed with Matt. To register, complete a permission form from the parish website, emmausparish.org/outcry, and turn in with your payment to the parish office.

THE PROPHETS: MESSENGERS OF GOD'S MERCY is a new 10-week course being offered on Wednesday mornings beginning **Feb. 4**. Discover how God is constantly calling you to a deeper relationship with Him and to become His voice to others. For details and to register, please visit emmausparish.org/adultfaith.

Need to reconnect with yourself and God? Want to meet Catholics like yourself? Searching for your spirituality? Men of the parish are invited to join us for a **CHRIST RENEWS HIS PARISH** weekend of spiritual renewal, fellowship, and fun. This retreat in Spanish will be held **Feb. 7-8** at Emmaus, and is perfect for men who are looking for time to relax, pray, and rethink priorities. Let the Spirit move you! Register online at emmausparish.org/crhp or pick up a registration form from the narthex racks.

Want to transform your work, your marriage, your family, and your life, but don't have time? A new 5-week series of **33 DAYS TO MORNING GLORY** will take place Monday evenings beginning **Feb. 9**. For details and to register, visit emmausparish.org/adultfaith.

Are you interested in opening your home to 10-12 adults this Lent to share simple fellowship and reflection on the Sunday Scriptures for the coming week? Emmaus would like to offer **THE WORD AMONG FRIENDS**, a home-based Lenten gathering for small groups. The gatherings would be for 6 weeks, 1.5 hours each, beginning **Feb. 15**. An orientation for group leaders will be provided Feb. 9. For details, please pick up a flyer from the west narthex racks. If this new program is of interest to you, please contact the parish office or email adultfaith@emmausparish.org.

Men and women of the parish are invited to Emmaus' annual **ASH WEDNESDAY DAY OF REFLECTION**, Wednesday, **Feb. 18**, 8:30 AM-2:30 PM in the PLC Great Hall. The day of reflection will be led by Rev. Richard Gielow, CM. Cost of \$25 includes lunch and materials (scholarships available). Visit emmausparish.org/adultfaith to reserve your space by Feb. 13.



EN ESPAÑOL

1 de febrero, 2015

4o domingo de tiempo ordinario

"Hermanos y hermanas: Yo preferiría que estuvieran libres de preocupaciones." - 1 Corintios 7:32
¿Cuánta ansiedad nos provocamos al preocuparnos constantemente por lo que no tenemos o por obtener más cosas? Dios no necesariamente le dará todo lo que quiere, pero si proveerá todo lo que usted necesita. Pruebe esto: use la palabra "oración" en vez de la palabra "preocupación" en el futuro.

PADRES E HIJOS FELICES, Miércoles, 21 de enero hasta 29 de abril. Por favor, únase a nosotros para una conversación diez semanas para los adultos, será dirigido por la Hermana Mary Lou Barba, 5:15-5:45 PM en Multi B. Sin costo.



Necesitas a volverte a conectar con ti mismo y a Dios? ¿Quieres conocer a otros católicos como a tu? Andas en búsqueda de la espiritualidad? Se invita a los hombres de la parroquia a unirse a nosotros para un fin de semana de renovación espiritual, compañerismo y diversion de **CRISTO RENUOVA SU PARROQUIA**. Este retiro en español se llevará a cabo el **7 y 8 de febrero** en Emaús, y es perfecto para los hombres que buscan tiempo para relajarse, orar, y repensar las prioridades. Deja que el Espíritu te mueva! Regístrese en línea en emmausparish.org/crhp o recoger un formulario de registro de los bastidores del nártex.

CAPITAL IDEA puede ayudarle a entrar en una nueva carrera. Proporcionamos asistencia a adultos cualificados para ayudarles a obtener una certificación profesional o un título de asociado de dos años en una de nuestras carreras patrocinados. Capital IDEA cubrirá el costo total de la matrícula y los libros para adultos. Vea detalles in los estantes de información in el nártex. Sesiones de orientación comienzan **2 de febrero**.

La oficina de **SERVICIOS LEGALES DE INMIGRACIÓN** de Caridades Católicas del Centro de Texas está patrocinando una serie de sesiones informativas y talleres para servir a las familias que califican para los beneficios bajo los programas de acción ejecutiva. Las sesiones informativas son para aprender más acerca si califica bajo el programa expandido de Acción Diferida para Menores (DACA) y el nuevo programa de Acción Diferida para Padres (DAPA). Además, se han programado talleres donde abogados y representantes acreditados ayudarán aquellas personas que califiquen a preparar su solicitud para DACA. Una lista de las sesiones y talleres de información está disponible en los estandartes de información in el nártex. Obtenga más información en cctx.org/ils/executive-action.

Los Centros Comunitarios de Impuestos proporcionar **SERVICIOS GRATUITOS** de preparación de impuestos para personas de bajos ingresos. Para más información visite CommunityTaxCenters.org. Vea detalles in los estantes de información in el nártex.

LAS PREGUNTAS MÁS FRECUENTES DE LA PARROQUIA DE EMAÚS

QUIERES HACERTE MIEMBRO O NUNCA TE HAS REGISTRADO EN LA PARROQUIA? Puedes ir a la pagina web newcomer@emmausparish.org o hablar a la oficina para informase cuando se van hacer las registraciones.

ANUNCIOS O DEDICACIONES DE CUMPLEAÑOS O FALLECIMIENTOS EN MISA: Todos anuncios y dedicaciones tienen que ser registrados en la oficina antes de hacer anunciados. Para mas información pueden llamar al (512) 261-8500. Las **PLATICAS DE BAUTISMO han cambiado, Serán el primer lunes de cada mes; de 7-9 PM. Por favor llamen a la oficina para registrarse para las pláticas.**

NOTICIAS DE ÚLTIMA HORA EN ESPAÑOL DE EMAÚS ¿Sabía usted que puede ver la página web de Emaús en español? Visite emmausparish.org. En la parte inferior de cada página hay un enlace para ver la página en español. También puede ver los boletines electrónicos de la parroquia en español. Únete a las listas de correo electrónico en emmausparish.org. Cuando reciba los mensajes de correo electrónico, haga clic en el enlace a "vista en el navegador," y usted entonces tiene la oportunidad de hacer clic en un enlace de "traducir" para ver en el idioma de su preferencia.

ACROSS THE DIOCESE

I BEGIN NOW! Three simple words to remind us to live in the present time in the “presence of God.” Life can teach us many lessons, if we take time to ponder and be aware. Brian Egan, Beverly Collin and Father Angelo Bertini will present this weekend retreat, **Feb. 6-8**. Cost is \$160 shared room, \$195 private room, \$85 commuter rate. To register, call (254) 780-2436 or e-mail cedarbrake@austindiocese.org.

Did you know that **THE CATHOLIC SPIRIT** newspaper is available online? View current and past issues at austindiocese.org/offices-ministries/offices/catholic-spirit.

The fourteenth annual **WHITE MASS** will be held on **Feb. 11** at St. Louis King of France Parish in Austin. The Mass, held on the feast of Our Lady of Lourdes, begins at 6 PM and is intended for all those who work in health care. The sacrament of the Anointing of the Sick will also be offered. For details and to register, visit austindiocese.org/whitemass2015.

CULTURE OF LIFE CELEBRATORY DINNER - A Culture of Life has blossomed within Central Texas because of the efforts of the volunteers within the Diocese of Austin. Let us break bread together as we recognize parishes and their works to extend the hand of Christ to God's people. Join us on Thursday, **Feb. 12** at St. Helen Parish in Georgetown for dinner and keynote speaker Chad Judice, an award winning author who will share his story of faith, strength and love of the gift of his son. Registration will begin at 6 PM followed by dinner and program at 6:30 PM. Visit www.centraltexasprolife.org to purchase tickets or contact the Office of Pro-Life Activities and Chaste Living at (512) 949-2486 or yvonne-saldana@austindiocese.org for more information.

PROJECT ANDREW will be held **Feb. 14** at 10 AM at St. Mary Cathedral in Austin. Catholic men between the ages of 16 and 45 who are interested in learning more about discernment, the priesthood and seminary life are invited to attend. The day will include prayer, testimonials by priests and seminarians, Mass and lunch with Bishop Joe Vásquez. For more information, contact the diocesan Vocation Office at vocations@austindiocese.org or (512) 949-2430.

A DAY OF REFLECTION will be held on Ash Wednesday, **Feb. 18**, at Cedarbrake Catholic Retreat Center in Belton. The real sign of Lent is not the ashes but the cross. Jesus says, “If anyone wants to become my followers, let them deny themselves, take up their cross and follow me” (Mk 8:35). Begin this Lenten journey by reflecting on the challenges Jesus lays before us. The day will begin with Mass and the distribution of ashes. Brian Egan, Beverly Collin and Father Angelo Bertini will present this retreat. Cost is \$35 and includes lunch. To register, call (254) 780-2436 or e-mail cedarbrake@austindiocese.org.

The tenth annual **CATHOLIC MEN'S CONFERENCE** on **Feb. 21** in San Antonio is for men of all ages, and will offer powerful speakers such as Fr. Larry Richards, Fr. Nathan Cromly, and Fr. Patrick Martin, a Healing Service, Mass with Archbishop Gustavo Garcia-Siller, inspirational music, and more! The event has sold out the past two years. Register online at cmcsanantonio.com or call (210) 521-3377.

FOCUS ON MINISTRY

How do you live out your faith? Emmaus has more than 75 ministries which are reliant on our parishioners' time and talent. Engage with your parish by signing up to help, and you'll be making a meaningful impact on your fellow community members as well as yourself.

Fund & Friend Raising Events

Contact: Paula Baczewski, (512) 261-8500, events@emmausparish.org

There are many ways to support Emmaus Catholic Parish. Financial support, through our stewardship program, is certainly critical to the long-term viability of our parish. In addition, a variety of special events - from Golf to Gala and Fall Fest - provide much-needed income to the parish while serving as wonderful opportunities for fellowship. It takes many volunteers working together to make these events a success for our parish. Right now, we could very much use your help with Emmaus' annual gala. Whether you have one hour or one hundred hours to give, please raise your hand as an event volunteer!

ACROSS THE DIOCESE

Married couples are invited to attend a **WORLDWIDE MARRIAGE ENCOUNTER WEEKEND** and renew their marriage with more warmth, passion and intimacy. Come and experience God's love, forgiveness and tenderness with one another. Upcoming weekends are **Feb. 20-22** and **May 15-17** at Cedarbrake Retreat Center in Belton, and **July 17-19** at the Wingate Hotel in Round Rock. For more information or to apply to attend, visit the website austinme.org or contact Steve and Linda Jaramillo at (512) 677-WWME (9963) orwwmeaustin@gmail.com.

The San José Council of Catholic Women will host the tenth annual **WOMEN'S LENTEN CONFERENCE**, “The Three Pillars of Lent: Fasting, Prayer and Almsgiving,” on **Feb. 21**, 8 AM-3 PM at San José Parish in Austin. Participants will explore these pillars of the Catholic faith and understand their Lenten journey towards life renewed, life saved and life that reaches beyond oneself to share God's love. Speakers are Cheryl Maxwell and Father Alberto Borruel and Debbie White will provide the music. For registration information, visit www.sanjosechurch.org or call Rosie Castillo at (512) 441-2748.

PROJECT MIRIAM for women ages 16 to 45 will be held **Feb. 21** at 10 AM at St. Mary Cathedral in Austin. Single, Catholic women are invited to learn more about Mary's joyful “yes” to God. The day will include testimonials and prayer with religious sisters as well as Mass and lunch with Bishop Joe Vásquez. For more information, contact the diocesan Vocation Office at vocations@austindiocese.org or (512) 949-2430.

Grow in your faith and change your life with **RELEVANT RADIO 970 AM** - Austin's “Talk Radio for Catholic Life.” This non-profit, listener-supported Catholic radio station bridges the gap between faith and everyday life - covering topics of the day from a uniquely Catholic perspective. Relevant Radio 970 can be heard on the radio, on the Internet at relevantradio.com or on the mobile app, available for Apple or Android devices. Take your faith with you wherever you go - tune in today!

We recently had a call asking if the parish had a plumber advertising in our bulletin that we could recommend. The same happens regarding electricians. Have *you* thought about **ADVERTISING IN OUR BULLETIN**? Bulletin ads defray the expense of printing to our parish. It is a great way to support our parish and advertise your business. For more information or to place an ad, please contact Thomas Miner, (512) 452-3413.